HOW TO SAFELY USE A FACE COVERING

For the safety of yourself and those around you, cover your nose and mouth when in public using a bandana or homemade cotton face covering.

APPLICATION

Wash your hands with soap and water for at least 20 seconds.

Put on your face covering, and secure it so it fits snugly against your face.

USE

DO NOT touch your face or the covering.

Replace the covering if it gets damp, or sneezed or coughed on.

REMOVAL

Remove the covering from behind, keeping the outer layer away from you.

Place the covering directly into the laundry and wash your hands.

You can make a simple cloth face covering without having to go out to get new supplies. Visit bit.ly/FaceCoveringInstructions for more information. Please remember that even while wearing a face covering, you should still follow all other social distancing practices.

*Adapted from San Juan Basin Public Health and CDC

For more information: www.jeffco.us/coronavirus